

HOSPITAL PACK LIST

COMFY SHOES

PADS/DEPENDS

CHAPSTICK

PJS (LOW CUT FOR SKIN TO SKIN OR NURSING

TOILETRIES

ELECTRIC HEATING PAD

TENNIS BALL

COCONUT OIL

BREAST PUMP, BOTTLE

OLD UNDIES/MESH UNDIES

QUALITY SNACKS, HONEY

STICKS

BLUETOOTH SPEAKER AND MUSIC

HANDHELD FAN

DIAPERS AND WIPES FOR BABY

BABY'S CLOTHES

PHONE CHARGERS

SLIPPERS

LABOUR AIDE/ BONE BROTH

WATERBOTTLE WITH STRAW

MINTS/GUM